



Metamorphosis at Monroe: A Psychologist's Opening to Channeling and Spirit Guides

by Candice Sanderson, Psychologist and author, Monroe program grad, Local Chapter Network member

My life changed in August 2013 when doors to a mysterious world burst open, flooding my awareness with messages and visions from an unseen universe. [Read More](#)



The Ties that Bind: A Shared Near-Death Experience

by Michael Grosso, Author, artist, scholar, Consciousness Unbound blog

Most of us are struggling to survive on earth and don't have time to think about life after death. As it happens, there is much information about this subject, and some progress in the field is notable. [Read More.](#)



**Beyond Meditation:**  
An Exploration of Expanded Consciousness  
3-Week Online Workshop  
Begins Saturday, April 4

A profound exploration of human consciousness

OBE Spectrum: A Uniquely Powerful New Retreat

by Jane Coleman, Monroe Outreach Trainer, Professional Division member

We practiced basic separation techniques using exercises from the "Gateway Voyage" program and the "Gateway Experience" home course albums. Patty worked with us to tune up our energy bodies in preparation for OBE work. [Read More.](#)



**Introduction to Lucid Dreaming**  
Created and led by Lucid Dreaming experts  
Luigi Sciambarella and Thomas Hasenberger

Explore the dreamworld in this  
3-week online course  
beginning May 23

**Introduction to Beyond Meditation**  
DIY 2-week online course \$49  
Begins April 25

A 2-week Introduction to the Monroe method.  
Open to both beginners and novice meditators.



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**Gateway Experience**  
Embark upon an odyssey of self-discovery in this 8-week online course!  
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An aerial view of a city at night, showing a grid of streets and illuminated buildings, with a river or canal winding through the center.

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